

### Blephadex<sup>®</sup>

**Gentle and Effective** – offers a combination of **Tea Tree Oil** and **Coconut Oil**.

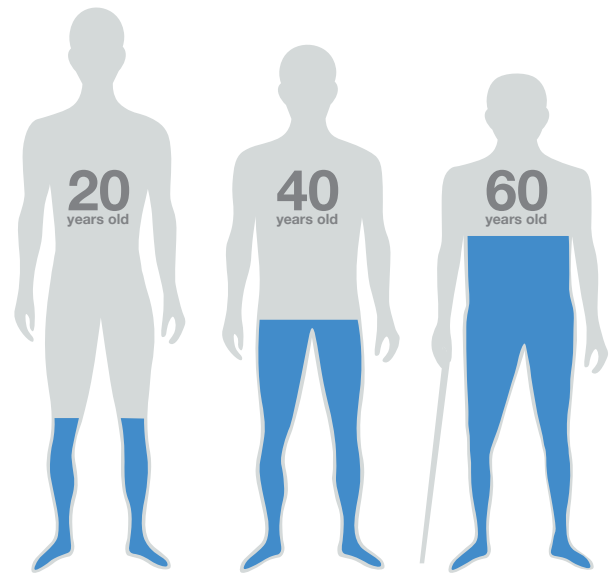
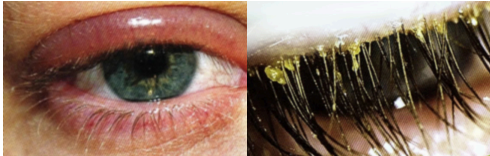
#### Tea Tree Oil:

Anti-bacterial, anti-microbial. A known natural ingredient that kills Demodex infestations of the eye<sup>1</sup>.

#### Coconut Oil:

Anti-inflammatory, anti-bacterial, anti-microbial, anti-fungal. Creates a moisturizing, soothing feeling.

Prevalence of Demodex mites is significant in the adult population, increasing with age.



1/3 of young adults

Half of adults

2/3 of adults

#### The Most Important Treatment

The single most important treatment for the eradication of Demodex mites is **a regular routine of eyelid hygiene.**

**Routine and ongoing lid hygiene is important for all patients with a history of Demodex infestation.**

1: Gao YY. In vitro and in vivo killing of ocular Demodex by tea tree oil. Br J Ophthalmol 2005 Nov;89(11):1468-73.

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## Recommended Usage: In-office and at home treatments

The Demodex mites live in or near hair follicles and thrive on fats and oils. They reproduce, lay eggs and have a total **life span of about 2 weeks.**

### In-office treatment

Providing patients with a simple and easy in-office solution for cleaning eyelids:

- 1. Initiates** and sets patient expectations
- 2. Demonstrates to patients** the comfort and lack of stinging with Blephadex

### At home Treatment

**1 time daily**, prior to bedtime or as ECP recommended  
**Continue for 6-8 weeks**

**Continue with standard lid hygiene –**  
Blephagel or Blephaclean

Description	Product Code	Packaging
Blephadex® Eyelid Applicators	MACBLA01	20 Applicators/box
Blephadex® Eyelid Wipes	MACBLW01	30 Eyelid Wipes- Individually wrapped
Blephadex® Eyelid Foam Cleanser	MACBLF01	50 ml

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